



Dear Parents/Caregivers,

Because of the recent fire we have all experienced various change and loss issues. Some of our students we feel would benefit from participating in the small group program called *Stormbirds*[®]: Growing through natural disaster. This program was successfully implemented in Victoria following the 2009 Black Saturday bushfires. It was developed by Good Grief Ltd, an Australian organisation that has had long experience in grief education, particularly through their *Seasons for Growth*[®] program which is used extensively throughout Australia, New Zealand and the United Kingdom. (see www.goodgrief.org.au for more information)

The *Stormbirds*[®] small group program of 4 sessions of (50 or 60 minutes) aims to support children

- Manage the personal impact of the changes they have experienced
- Understand that their reactions are normal
- To “take charge” of their attitudes, feelings and behaviours
- Develop skills for coping, problem solving and decision making
- Build their support network with families, friends, teachers and others

Resilience building and strengthening supportive relationships are vital aspects of recovering from such large-scale change events as natural disasters and the challenges that have had to be faced in their wake.

Stormbirds[®]: Growing through natural disaster will commence in late Term One at SCA.

If you think your son or daughter would benefit from participating we would encourage you to talk to him/her about this. Should he/she decide to participate please fill in the tear-off section below and return to the school by *Wednesday 18th March, 2020*.

We are pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved.

I give consent for my son/daughter, Name.....

To attend *Stormbirds*[®] Growing through natural disaster program. I have discussed this with

him/her. Parent/Guardian

Name.....Signature.....